

## ROCKY MOUNTAIN PEDIATRIC UROLOGY

### Dr. Furness

#### URETHROMEATOPLASTY

**Meatal Stenosis** is a narrowing of the meatus (opening) at the tip of the penis. Symptoms of meatal stenosis can be an upward deflection of the urinary stream, difficulty aiming the stream, a narrow stream, blood at the tip to the penis, or straining with urination. Occasionally, the child will experience burning with urination, frequency, urgency, and prolonged urination.

**Surgical Procedure:** This procedure takes approximately 30 minutes and is done under a general anesthesia. This is done as a day surgery procedure and the child will be able to go home on the same day as the surgery.

**Stitches and Dressings:** Dissolvable stitches will be placed to widen the opening. These will dissolve in 7-10 days. No dressing will be placed. You will be asked to apply antibiotic ointment to the tip of the penis after each use of the bathroom or as often as 5-10 times per day. Please use this ointment for 14 days after surgery.

**Appearance:** The tip of the penis may be red and the lips of the meatus may swell. This will resolve in about one week. You may see a few drops of blood from the end of the penis. This is normal. You may notice a “spraying” affect when your child urinates. This spraying will resolve once the stitches dissolve in about 7-10 days after surgery.

**Pain:** There may be some mild discomfort when your son first urinates after this surgery. You may place your child in a warm bath if he is hesitant to pee. You should alternate giving Tylenol and Motrin every 4 hours for 36 hours after the procedure.

**Bathing:** Your son may have a bath or shower the day after surgery. Swimming is okay 3 days after surgery.

**Follow-up appointment:** Call the office to schedule an appointment for 6 weeks after surgery or call to let us know he is doing well.

Main Office Number: 303-839-7200